

Counts	Lyrics	Choreography (legs)	Choreography (Arm lines)
Introduction (4 counts only)			
1-4	Oie oie oie oie oie oie yae	Optional staring position and optional choreography	Optional arm lines
Verse (4 blocks of 8 counts)			
1-8	My name is Tarzan, I am jungle man	Optional choreography	Optional arm lines
1-4	The tree top singer	Grapevine (step to the side R, step L leg behind, step to the side R, jump feet together)	L arm is bent in front of chest as a fist, R arm is straight out to the side as a fist
5-8	From jungle-land	Jumping jack, jump feet together, jumping jack, jump feet together	R & L arms roll twice in front of chest
1-4	Come baby come	Easy walk (step out wide in front R, step out wide in front L, step R foot behind, jump feet together)	R & L arms are straight in front of body signaling "come here"
5-8	I'll take you for a swing	Step to the side R, jump feet together, step to the side L, jump feet together	R & L arms are bent in front of chest and move in a swinging motion (R then L)
1-8	Let's go hunny I'm tinggling	Sit roll (grovel) on floor, jump up to stand with feet together	Optional arm lines
Chorus (8 blocks of 8)			
1-4	Tarzan is hansom	Run R, run L, run R, run L	Signal blushing motion
5-8	Tarzan is strong	Hop x2 on R, hop x2 on L	Signal strong motion on R side, repeat to L side
1-4	He's sweet and cute	Step R foot forwards, jump feet together, stretch jump	Straight above head beside ears
5-8	& his hair is long	Side jack L, jump feet together, side jack L, jump feet together	Signal long hair motion
1-2	Tarzan is	Step forwards R, jump feet together	Crossed at chest
3-4	handsome	<i>Air jack</i>	Straight above head
5-8	Tarzan is strong	Crouch on floor (both hands on floor), jump up to stand with feet together	Both hands flat on floor

1-4	So listen to the jungle	Knee lift R, jump feet together, knee lift L, jump feet together	Clap (x2)
1-4	song	Side touch R, jump together, side touch L, jump feet together	Circle outwards starting above head
Chorus (4 blocks of 8 counts and 4 counts only)			
1-4	Oie oie oie oie	Step forwards R, jump together, <i>tuck jump</i>	Straight out in front of body
5-8	Oie oie yae	Side touch "low", jump up with feet together	R hand flat on floor, L hand straight up to roof, hands on hips
1-8	I am Tarzan from Jungle you can be my friend	Grapevine roll, roll over into push up position	L arm stays straight out to the side, R arm circles inwards
1-4	Oie oie oie oie	<i>Full tricep or wide arm push up</i> (2 counts down, 2 counts up) *this push up can be performed on knees	Hands on floor
5-8	Oie oie yae	Lunge up (R foot forwards) to stand with feet together	Hands on hips when feet are together
1-4	I am Jane and I love to	Flick kick forwards L, flick kick forwards R	Pull arms into chest then extend out straight as fists (repeat twice)
5-8	Ride an elephant	Step forwards into <i>hitch kick</i>	Optional arm lines
4 counts only	Aghhhhh ughh	Under the fence (low wide legged squat, shifting weight from one leg to the other, finishing with feet together)	Hands beside knees, hands on hips when feet are together
Verse (4 blocks of 8 counts)			
1-4	When I am dancing	Step forwards, <i>full turn</i> *the full turn can be performed as a half turn (180*)	Optional arm lines
5-8	I feel funky	Step to the side R, knee lift L, step to the side R, jump feet together	Arm lines circle train tracks motion
1&2, 3&4	Why do you keep	Pony R, pony L	Shrug shoulders to R (repeat on L side)

5-6	Ignoring me	Slide R, jump feet together, Slide L, jump feet together	L hand on hip, R hand points twice in front (signaling telling off motion)
1-8	Tarzan is here, come kiss me baby	Cut foot through behind, roll over into pike hold position	Arms circle outwards starting above head
1-4	Could you, could you	<i>Pike hold</i> *or pose with L leg straight out in front and R leg bent up to chest	Hands on floor for pike hold. * Pose - L hand points straight above head, R hand on floor
5-8	Kiss me tenderly, yeah!	Roll over to lunge up to stand with feet together	Hands on hips when feet are together
Chorus (10 blocks of 8 only)			
1-4	Tarzan is handsome	Knee lift R, cross R foot over L, knee lift R, jump feet together	Hands are clasped at chest
5-8	Tarzan is strong	Side jack (superman) R, jump feet together, side jack (superman) R, jump feet together)	Superman motion
1-4	He's sweet & cute	Kneel on floor	L hand straight above head, R hand straight out to the side
5-8	& his hair is long	Roll over into straddle position	Hands on floor
1-4	Tarzan is handsome	<i>Pancake</i> (tummy on floor) (2 counts down, 2 counts up)	Reach out in front
5-8	Tarzan is strong	<i>Straddle hold</i> *or pose – feet stay in straddle position	Hands on floor * Pose – L hand signals strong motion, R hand on floor
1-4	So listen to the jungle song	Crouch up to stand with feet together	Hands down by side
5-8	Ahhhhhhhhhh	Step to the side R, jump feet together, step to the side L, jump feet together	Bang chest
1-4	Oie oie oie oie	Grapevine R,	L arm is bent in front of chest as a fist, R arm is straight out to the side as a fist
5-8	Oie oie yae	Jumping jack, jump feet together, jumping jack	R & L arms roll twice in front of

		feet together	chest
1-4	I am Tarzan from jungle	Easy walk	R & L arms are straight in front of body signaling "come here"
5-8	You can be my friend	Step sideways, jump feet together, step sideways, jump feet together	R & L arms are bent in front of chest and move in a swinging motion (R then L)
1-8	Oie oie oie oie oie oie yae	Jump into crouch on floor (sitting on one leg, other leg is up near shoulder), V open sit roll to stand with feet together	Hands on floor, hands on hips when feet are together
1-4	I am Jane and I like to	Flick kick forwards R, flick kick forwards L	Pull arms into chest then extend out straight (repeat twice)
5-6	Ride an elephant	Flick kick sideways R, flick kick sideways L	Pull arms into chest then extend out straight to the side (repeat twice)
1-4	Oie oie oie oie	Knee lift R, jump feet together, knee lift R, jump feet together	Arms are straight above head, pull down to shoulders
5-8	Oie oie yae	Knee lift L, jump feet together, knee lift L, jump feet together	Arms are straight above head, pull down to shoulders
1-8	Go cheetah, get banana, hey monkey, get funky	Optional choreography	Optional arm lines and optional ending position

Leaps/Jumps	Holds	Push	Flexibility
Tuck jump	Pike hold (or pose)	Full tricep/wide arm push up (or half push up on knees)	Hitch kick
Air jack (star jump)	Straddle hold (or pose)		Pancake (tummy on floor, feet out in straddle position)
Full turn (or half turn)			