

2021 Wellington Regional Sport Aerobics Competition Category Timetable		
All times are approximates.		
8:30 am	Athlete Registration	
8:45 am	Athlete Briefing	
9:00 am	First 5 teams backstage	
9:10 am	Prelim / Heats Start	
9:15 am	Intermediate Individual	Prelim
10:20 am	Category break	
10:35 am	Pre Choreographed Primary Team	Heats
	Pre Choreographed Intermediate Team	Heats
	Pre Choreographed Secondary Team	Heats
	Intermediate Sport Aerobic Teams : 2-4 members Team	Heats
	Duo : 2 members Team	Heats
12:00 pm	Morning Tea Break	
12:15 pm	Secondary Open Sport Aerobic Teams : 2-4 members Team	Heats
	Adult Open Sport Aerobic Teams : 2-4 members Team	Heats
	Pre Choreographed Primary Individual	Heats
	Pre Choreographed Intermediate Individual	Heats
	Pre Choreographed Secondary Individual	Heats
1:00 pm	Intermediate Individual	Heats
1:30 pm	Secondary Novice Individual	Heats
	Junior Secondary Open Novice Individual	Heats
	Junior Secondary Open Individual	Heats
	Senior Secondary Open Individual	Heats
	Adult Open Individual	Heats
	Senior Individual	Heats
2:00 pm	Intermediate Fitness Teams : 5-8 members Team	Heats
2:20 pm	Lunch Break	
3:15 pm	Finals Start	Finals
	Pre Choreographed Primary Team	Finals
	Pre Choreographed Intermediate Team	Finals
	Pre Choreographed Secondary Team	Finals
	Intermediate Sport Aerobic Teams : 2-4 members Team	Finals
4:00 pm	Duo : 2 members Team	Heats
	Secondary Open Sport Aerobic Teams : 2-4 members Team	Finals
	Adult Open Sport Aerobic Teams : 2-4 members Team	Finals
	Duo : 2 members Team	Finals
4:15 pm	Afternoon Tea Break	
4:30 pm	Pre Choreographed Primary Individual	Finals
	Pre Choreographed Intermediate Individual	Finals
	Pre Choreographed Secondary Individual	Finals
	Intermediate Individual	Finals
5:00 pm	Secondary Novice Individual	Finals
	Junior Secondary Open Novice Individual	Finals
	Junior Secondary Open Individual	Finals
	Senior Secondary Open Individual	Finals
5:30 pm	Adult Open Individual	Finals
	Senior Individual	Finals
	Intermediate Fitness Teams : 5-8 members Team	Finals
6:00 pm	Prize Giving	