

2022 NZCAF National Sport Aerobics Championships

17 & 18 September ILT Stadium, Invercargill

Friday

6:30 pm - 7:00 pm Registration

7:00 pm - 7:30 pm Coaches briefing

Saturday - HEATS

7:30 am Venue opens to event team

8:30 am Judges arrive - briefing

9:15 am Athletes assemble in to round up order

9:30 am Opening Ceremony

9:55 am Head judges welcome

10:05 am NZCAF Primary Sport Aerobic Team

10:18 am NZCAF Intermediate Sport Aerobic Team

10:32 am NZCAF Secondary Novice Sport Aerobic Team

10:49 am NZCAF Secondary Open Sport Aerobic Team

11:11 am Pre-Chore Primary Individual

11:57 am Pre-Chore Primary Individual MALE

12:02 pm Pre-Chore Intermediate Individual

12:41 pm Pre-Chore Secondary Individual

1:14 pm NZCAF Secondary Fitness Team

1:33 pm NZCAF Adult Fitness Team

1:36 pm Floor testing (FISAF Athletes & Teams).

1:56 pm FISAF Senior Performance Team

1:58 pm FISAF Youth Duo

2:03 pm FISAF Senior Duo

2:05 pm NZCAF Primary Individual

2:33 pm NZCAF Intermediate Individual

2:58 pm NZCAF Intermediate Individual MALE

3:00 pm Pre-Chore Primary Team

3:35 pm Pre-Chore Intermediate Team

4:05 pm Pre-Chore Secondary Team

4:27 pm NZCAF Secondary Novice Individual

5:00 pm NZCAF Secondary Novice Individual MALE

5:03 pm NZCAF Junior Secondary Open Novice Individual

5:28 pm Floor testing (FISAF & NZCAF Open Athletes).

5:48 pm NZCAF Junior Secondary Open Individual

6:12 pm NZCAF Senior Secondary Open Novice Individual

6:34 pm NZCAF Senior Secondary Open Individual

6:54 pm NZCAF Adult Open Individual

7:02 pm NZCAF Primary Fitness Team

7:07 pm NZCAF Intermediate Fitness Team

7:16 pm FISAF Masters Individual

7:18 pm FISAF Youth Individual

7:23 pm FISAF Senior Individual

7:31 pm Heats conclude

Sunday - FINALS

7:45 am Venue opens to athletes
8:00 am Doors open to audience
8:30 am Finals welcome
8:35 am NZCAF Primary Sport Aerobic Team
8:48 am NZCAF Intermediate Sport Aerobic Team
9:02 am NZCAF Secondary Novice Sport Aerobic Team
9:16 am NZCAF Secondary Open Sport Aerobic Team
9:30 am Pre-Chore Primary Individual
9:54 am Pre-Chore Primary Individual MALE
10:13 am Pre-Chore Intermediate Individual
10:27 am Pre-Chore Secondary Individual
10:41 am NZCAF Secondary Fitness Team
10:54 am NZCAF Adult Fitness Team
11:01 am FISAF Senior Performance Team
11:03 am FISAF Youth Duo
11:09 am FISAF Senior Duo
11:11 am NZCAF Primary Individual
11:25 am NZCAF Intermediate Individual
11:38 am NZCAF Intermediate Individual MALE
11:41 am Pre-Chore Primary Team
12:00 pm Pre-Chore Intermediate Team
12:14 pm Pre-Chore Secondary Team
12:27 pm NZCAF Secondary Novice Individual
12:41 pm NZCAF Secondary Novice Individual MALE
12:44 pm NZCAF Junior Secondary Open Novice Individual
1:03 pm NZCAF Junior Secondary Open Individual
1:16 pm NZCAF Senior Secondary Open Novice Individual
1:30 pm NZCAF Senior Secondary Open Individual
1:44 pm NZCAF Adult Open Individual
1:52 pm NZCAF Primary Fitness Team
1:58 pm NZCAF Intermediate Fitness Team
2:06 pm FISAF Masters Individual
2:08 pm FISAF Youth Individual
2:13 pm FISAF Senior Individual
2:22 pm Prize Giving 40 mins
3:02 pm Event ends