

**2023 NZCAF National Sport Aerobics Championships**

16 & 17 September

Heats Run Order

	<i>Category</i>	<i>Name</i>	<i>School / Club</i>
9:10 am	Primary Sport Aerobic Team	Best EE's	Windsor North / La Muse
9:12 am	Intermediate Sport Aerobic Team	M&M	Southland Girls High School / Fuel Fitness & Health
		Barbie Girls	Rāroa Normal Intermediate School
		Sophie & Kaitlyn	James Hargest College / La Muse
		Greer & Ingrid	St John's Primary / La Muse
		Ella, Jasmine & Savannah	Chilton Saint James
		Powderpuff girls	Rāroa Normal Intermediate School
		Holly & Charlotte	Columba College
		Jasmine & Grace	James Hargest College / La Muse
		Pretty in Pink	Rāroa Normal Intermediate School
		Liv & Sophie	Columba College
		One in the Same	Carisbrook School
		Diamond Duo	Rāroa Normal Intermediate School
9:45 am	Secondary Novice Sport Aerobic Team	Olivia & Emma	James Hargest College / La Muse
		Lucy & Isla	Queen's High School / Queen's Aerobics
		Molly & Sophie	St Hilda's Collegiate / Pulse Aerobics
		Barbie & Ken	James Hargest College / La Muse
		Lily Barker & Zoe Martin	Otago Girls High School
		Alia & Isla	St Hilda's Collegiate / Jump Start Aerobics
		Ashley & Molly	Avonside / Game On Aerobics
10:05 am	Secondary Open Sport Aerobic Team	Sasha & Cassie	St Hilda's Collegiate / Queen's Aerobics
		Genie Girls	Queen Margaret College
		Immy & Harry	OGHS & OBHS / Queen's Aerobics
		Ava & Sophie	Southland Girls High School / La Muse
		Annabel & Micaela	Queen's High School / Queen's Aerobics
		Taylor & Myah	Chilton Saint James
		Barbie & Barbie	Queen Margaret College
		Brooke & Georgia	Queen's High School / Queen's Aerobics
		Drop it DJ's	James Hargest College / Fuel Fitness & Health
		Kiki Lulu	Verdon College
10:32 am	Adult Open Sport Aerobic Team	LiL Ken	La Muse
10:35 am	Pre Chore Primary Individual	Emily Howley	Salford School / La Muse
		Sophie Hamilton	Woodend School / Soul DNA
		Sophie Howe	Waihopai School
		Molly Anderson-Stewart	St Theresa's / La Muse
		Emily Whitaker	Windsor North / La Muse
		Isabelle Mei	East Taieri School
		Makenzie Welsh	Tai Tapu School / Octane Aerobics
		Xanthe Groufsky	Woodend School / Soul DNA
		Ava Mason	Sawyers Bay / Jump Start Aerobics
		Georgia Morrison	Maori Hill School / Queen's Aerobics
		Amelia Rothschild-Stewart	North Loburn / Soul DNA
		Charlotte Robertson	St Francis of Assisi School / Octane Aerobics
		Evelyn McClintock	Windsor North / La Muse
		Sophia Foley	St Francis of Assisi School
		Yeva Cockerill	Kaikorai Primary / Black and White Dance Studio
11:25 am	Pre Chore Primary Individual Male	Baxter Tamariki	Waihopai School
11:28 am	Pre Chore Intermediate Individual	Lucy Loo	Tahuna Intermediate / Queen's Aerobics
		Sophie Lingard	St Francis of Assisi School
		Taylor Conway	Chilton Saint James
		Zoé Franicevic	Woodend School / Soul DNA
		Arielle Lawrence	Ashgrove Primary / Soul DNA
		Ella Lingard	St Francis of Assisi School
		Bella Ferguson	Southland Girls High School / La Muse
		Evie Chan	Queen Margaret College
		Libby Johnston	Chilton Saint James
		Greta Hurford	Knights Stream School / Octane Aerobics
		Grace Kerr	James Hargest College / La Muse
		Jasmine Caudwell	James Hargest College / La Muse
		Issy Eade	Southland Girls High School / La Muse
		Sam Williamson	St Hilda's Collegiate
		Ciara de Groot-Green	Carisbrook School
12:13 pm	Pre Chore Secondary Individual	Cameryn Smith	Columba College / Jump Start Aerobics

		Agatha Austin	Otago Girls High School
		Isla Ludgate	Queen's High School / Queen's Aerobics
		Teija Joronen	Queen Margaret College
		Renee Hetherington	Queen Margaret College
		Kaylee Smith	Queen's High School / Queen's Aerobics
		Holly Ingham	Otago Girls / Jump Start Aerobics
		Lyra Chopra	Chilton Saint James
		Opal Gibbons	Christchurch Girls High School
12:42 pm	Secondary Fitness Team	Beegees	Fuel Fitness & Health
		ACDC	Fuel Fitness & Health
12:48 pm	FISAF Junior Petite Fitness	High 5	La Muse
		Octane junior fitness team	Octane Aerobics
12:53 pm	FISAF Junior Grande Fitness	Adrenaline	Jump Start Aerobics
		Avengettes	La Muse
12:59 pm	FISAF Masters Individual	Emily Lawn	Game On Aerobics
1:02 pm	FISAF Cadet Individual	Ingrid Fleming	St John's Primary / La Muse
		Efa Watkins	Twizel Area School / Octane Aerobics
		Beth Penrose	St Francis of Assisi School / Octane Aerobics
1:30 pm	Primary Individual	Kayla Rice	St Francis of Assisi School / Octane Aerobics
		Harpur McKeown	Windsor North / La Muse
		Maddison McLeod	Waihopai School / La Muse
		Sadie O'Donnell	St Clair Primary / Queen's Aerobics
		Millar Logan-Ferris	Kaikorai Primary / Queen's Aerobics
		Addison Johnston	Big Rock Primary / Queen's Aerobics
		Alexis Robertson	St Francis of Assisi School / Octane Aerobics
		Kadi Cantley	St John's Primary / Fuel Fitness & Health
		Tilly Templeton	Tapanui Primary / Jump Start Aerobics
1:55 pm	Intermediate Individual Male	John Samson	Carisbrook School
		Haze Crow	James Hargest College / Fuel Fitness & Health
2:01 pm	Intermediate Individual	Lia Vlaar	Rāroa Normal Intermediate School
		Haylee Springford	Southland Girls High School / La Muse
		Darcy Staples	Rāroa Normal Intermediate School
		Kate Miller	Columba College
		Matilda Compton	Taieri College / Pulse Aerobics
		Eden Lipscombe	Rāroa Normal Intermediate School
		Paige Carrington	Tahuna Intermediate / Queen's Aerobics
		Lucia Morey	Balmacewen Intermediate / Queen's Aerobics
		Sophia Gray	James Hargest College / Fuel Fitness & Health
		Meila Morsink	Southland Girls High School / Fuel Fitness & Health
		Ella Cameron	Chilton Saint James
		Quinn McGregor	Rāroa Normal Intermediate School
		Sophie Purdon	James Hargest College / La Muse
		Mila Kerr	Southland Girls High School / Fuel Fitness & Health
		Rubie Leech	Darfield School / Octane Aerobics
2:42 pm	Pre Chore Primary Team	Powerhouse Punks	Carisbrook School
		Glamour Girls	Waihopai School
		Emily & Georgia	Maori Hill School / Queen's Aerobics
		Annabelle & Indi	St Clair Primary / Queen's Aerobics
		Kayla & Claire	St Francis of Assisi School / Octane Aerobics
		Sophella	Waihopai School
		Alexis & Sophia	St Francis of Assisi School / Octane Aerobics
		Twin to Win	St Francis of Assisi School
		Soul Sisters	Woodend School / Soul DNA
3:12 pm	Pre Chore Intermediate Team	Libby & Millie	Chilton Saint James
		Issy & Bella	Southland Girls High School / La Muse
		Slay Squad	Carisbrook School
		Twintastic	St Francis of Assisi School
		Addison & Lucy	Tahuna Intermediate / Queen's Aerobics
3:25 pm	Pre Chore Secondary Team	Hannah & Josie	Christchurch Girls High School
		Lucy, Kaylee & Marie	Queen's High School / Queen's Aerobics
		Portia & Estelle	Chilton Saint James
		Cameryn & Charlee Smith	Columba College / Jump Start Aerobics
		Renee, Teija & Grace	Queen Margaret College
3:39 pm	Secondary Novice Individual	Niamh Coulter	Queen Margaret College
		Kyla McDonald	St Margaret's College / Soul DNA
		Emma Kubala	Hagley College
		Lucy Carrington	Queen's High School / Queen's Aerobics
		Emma Winder	James Hargest College / La Muse
		Olivia Thomas	James Hargest College / La Muse

4:07 pm	Junior Secondary Open Novice Individual	Teresa Li	Queen Margaret College
		Lily Hoffman	Queen's High School / Queen's Aerobics
		Aila Ryan	St Hilda's Collegiate / Jump Start Aerobics
		Saige Malmstrom	Southland Girls High School / La Muse
		Sophie Wagner	St Hilda's Collegiate / Pulse Aerobics
		Stasa Tucker	Trinity Catholic College / Queen's Aerobics
		Lara Kerr	James Hargest College / La Muse
		Beth Andrew	Marian College / Octane Aerobics
		Imogene Tindall	Queen Margaret College
		Sanna Nunns	Queen Margaret College
		Danielle Walker	Columba College
		Nicola Schol	James Hargest College / La Muse
		Alice Howard	St Andrew's / Game On Aerobics
		Pyper Brown	James Hargest College / La Muse
4:58 pm	Junior Secondary Open Individual	Sophia Paviour-Smith	Queen Margaret College
		Ava Kamaru	Southland Girls High School / La Muse
		Georgia Wilson	Queen's High School / Queen's Aerobics
		Carey Chen	Queen Margaret College
		Brooke Wilson	Queen's High School / Queen's Aerobics
		Maia McLaughlin	Chilton Saint James
5:17 pm	Senior Secondary Open Novice Individual	Sophie Wylie	Southland Girls High School / La Muse
		Lindsay Black	St Hilda's Collegiate / Jump Start Aerobics
		Samantha Pegg	Christchurch Girls High School
		Keira McCabe	Verdon College
		Katelyn Street-Wilson	James Hargest College / Fuel Fitness & Health
		Annabel Ludgate	Queen's High School / Queen's Aerobics
		Molly Parker	Avonside / Game On Aerobics
		Olivia Hurley	Otago Girls High School
		Elisa Fitzgerald	St Hilda's Collegiate / Jump Start Aerobics
		Sam Schol	James Hargest College / La Muse
		Lucy Scully	Verdon College / La Muse
		Kaylie Walker	Southland Girls High School / Fuel Fitness & Health
		Reed McHugh	Christchurch Girls High School
		5:50 pm	Senior Secondary Open Individual
Myah Bere	Chilton Saint James		
Chloe Woodhouse	St Hilda's Collegiate / Queen's Aerobics		
Lucy Roberts	Queen Margaret College		
Philippa King	Taieri College / Jump Start Aerobics		
Ivy Turner	James Hargest College / La Muse		
Taylor Whiting	Chilton Saint James		
Micaela Sumner	Queen's High School / Queen's Aerobics		
Molly Cole	Southland Girls High School / La Muse		
Amber Shaw	Verdon College / La Muse		
Brooke Acker	James Hargest College / La Muse		
Lucy Quill	Columba College / Jump Start Aerobics		
Saige Evans	Queen's High School / Queen's Aerobics		
6:26 pm	Primary Fitness Team		
		The Ghostbusters	Fuel Fitness & Health
		5 + 1	Waihopai School
6:34 pm	Intermediate Fitness Team	Space Jammers	Octane Aerobics
		Cotton Eye Joe	Fuel Fitness & Health
6:48 pm	FISAF Youth Individual	Shark Bait	Carisbrook School
		Immy Morey	Queen's Aerobics
6:56 pm	FISAF Youth Individual Male	Billie Allan	Queen's Aerobics
		Dani Kramers	La Muse / Queen's Aerobics
6:59 pm	FISAF Junior Individual	Harry Easton	Queen's Aerobics
7:01 pm	FISAF Senior Individual	Matilda Stevens	La Muse / Queen's Aerobics
		Kylie Lyders	Game On Aerobics
		Lizzie Hewitt	Resultz / Top Gunz Aerobics
		Elle Kane	Resultz